

WINGSPREAD

Randolph Air Force Base ♦ Texas

60th Year ♦ No. 20 ♦ May 19, 2006

Big Kid’s meal



Two-year-old Gustavo Medrano feeds a goat in the petting zoo at the Canyon Lake Spring Fling Saturday. Hundreds of local military families gathered at the lake enjoying free entertainment and food. For more on Spring Fling, see page 18. (Photo by Staff Sgt. Beth Del Vecchio)

‘Operation Safe Summer - Zero Fatalities’ kicks off

By Jennifer Valentin
Wingspread staff writer

Randolph kicks off this year’s Air Education and Training Command summer safety campaign, entitled “Operation Safe Summer – Zero Fatalities,” May 22 with a half-day of briefings in the base theater.

During the one-hour sessions, a professional training organization will provide safety awareness training and discuss the importance of the 10-week summer safety campaign, which runs Memorial Day weekend through Labor Day.

“The Air Force has seen a rise in fatalities and severe injuries during this period,” said Linda Howlett, ground safety manager. “We want to stress the importance of safety on and off duty even more during this time.”

In addition to the summer safety briefings, each unit will plan specific safety agendas for their organization’s safety program, Ms. Howlett said.

Operation Safe Summer

101 Critical Days of Summer

“Zero Fatalities”

Suggested topics include impaired driving, fatigue, speeding, water safety, heat stress and being a good wingman.

The wing safety office will also post presentations on its Web site, <https://home.randolph.af.mil/12ftw-wing/safety> for units to use.

“These presentations are intended for commanders and supervisors use to raise safety awareness within

Operation Safe Summer briefings in base theater

Monday

8-9 a.m. – 12th Operations Group
9:30-10:30 a.m. – 12th Medical Group,
12th Maintenance Directorate and 12th Flying Training Wing staff agencies
11 a.m. to noon – 12th Mission Support Group

Tuesday

9-10 a.m. – Tenant units and those who missed the Monday briefing
10:30-11:30 a.m. – Tenant units and those who missed the Monday briefing

their organization,” Ms. Howlett said.

Throughout the summer safety campaign the wing safety office along with other unit volunteers will conduct random seat belt checks to remind base drivers of the importance of buckling up. The safety office will also display wrecked vehicles on base to serve as reminder to motorists of the consequences of drinking and driving.

12th Flying Training Wing Training Status												
Pilot Instructor Training <div>As of Monday</div>			Navigator, EWO Students				Wing Flying Hour Program					
			562nd FTS		563rd FTS			Aircraft	Required	Flown	Annual	
Squadron	Seniors	Overall	CSO/NFO		CSO		Graduate EWO	T-1A	6593.5	6754.8	10,725	
99th FTS	-3.0	-1.3	USAF	257	OPS	46	International	11	T-6A	10537.3	10709.5	17,196
558th FTS	-16.0	-2.6	Navy	36	Advanced EW	15	EWC Course	0	T-37B	3388.2	3469.6	5,796
559th FTS	-2.6	-0.2	International	8	Integration	8	Intro to EW	0	T-38C	5955.6	6080.8	9,937
560th FTS	1.0	-0.4	Total in Training	301	69		11		T-43	2369.5	2331.8	3,982
Numbers reflect days ahead or behind for senior pilot instructor training class and an average for all PIT classes currently in training.			Numbers reflect students currently in training. The 562nd shows source of combat systems officer students. Air Force students include Air Force Reserve and Air National Guard. The 563rd indicates students in specific courses.						The required and flown numbers reflect hours flown between Oct. 1, 2005 to date. The annual numbers are total hours for fiscal year 2006.			

AIR AND SPACE EXPEDITIONARY FORCE

As of Monday, 148 Team Randolph members are deployed in support of military operations around the globe.

Commander's Action Line

Call 652-5149 or e-mail
randolph.actionline@randolph.af.mil



While our goal is to provide the best programs, products and services to our customers, there will be instances when people believe we could have served them better. In those cases, I ask the individual to first contact the responsible organization to allow the unit commander or manager an opportunity to ensure professional and impartial treatment.

When those officials are unable to provide satisfaction, the individual may contact me through the Action Line. I will ensure each Action Line call is looked into and a reply is given by telephone or in writing. I ask callers to include their name and telephone number so we may send a personal response.

Col. Richard Clark
12th Flying Training Wing commander

Agency Contact Numbers

Base Exchange	674-8917
Civil Engineers	652-2401
Civilian Pay	652-6480
Commissary	652-5102
EEO Complaints	652-3749
Equal Opportunity	652-4376
Family Support Center	652-5321
FW&A Hotline	652-3665
Housing Maintenance	652-1856
Inspector General	652-2727
Legal Office	652-6781
Military Pay	652-1851
Randolph Clinic	652-2933
Safety Office	652-2224
Security Forces	652-5509
Services	652-5971
Sexual Assault	
Response Coordinator	652-8787
Transportation	652-4314

“PROTECT YOUR WINGMAN”

DUI...
It's a crime
not a mistake

Team Randolph's
last DUI was
March 18, 2006

Golf course prices too high

Q I have a concern with the prices at the golf course. It costs too much to play. I brought this to the attention of the golf course staff and 12th Services Division, but got the runaround when I asked why the prices were so high. I'd like a satisfactory answer please.

A Thanks for your question and thank you for giving me the opportunity to explain our pricing procedures at Randolph Oaks. The golf course is a Category C facility and therefore receives no appropriated fund support. This means all expenses, such as labor, utilities and grounds maintenance, are paid by user fees. With that said, you will still find Randolph Oaks one of

the best values in the local area. In a recent comparison with downtown golf courses, we found that Randolph Oaks green fees are typically lower than, or at least highly competitive with, comparable courses. Randolph Oaks also is very competitive with other military installations in the area. Many of the comments we receive consistently reflect that Randolph Oaks remains an excellent value. It is also important to note that green fees not only go towards our day-to-day expenses but are also used to constantly improve the course, such as the recently completed \$2.7 million irrigation and greens renovation project.

The golf course also has several programs designed to provide golfers with the lowest price option possible. First, if you buy a 10-round punch card, you can save between \$10 and

\$40 depending on when you play. Second, our Twi-lite rate after 3 p.m. offers discounts of one-third or more off normal green fees. Third, frequent golfers can save even more by paying an annual fee. For example, golfers in the rank category of staff sergeant to captain can play an unlimited number of rounds for only \$625 per year. In other words, the more you play, the cheaper it gets. Finally, rates vary depending on grades in order to make it as affordable as possible to all team members.

Bottom line: Randolph Oaks remains committed to providing a high-quality golf facility at a reasonable price. I appreciate your inquiry and hope you will return quickly to the No. 1 tee box at one of the nicest, yet lowest priced, courses in the area.

Letter to Airmen: Service before self

By Michael Wynne
Secretary of the Air Force

This past February, in my Letter to Airmen addressing our three U.S. Air Force core values, I shared these thoughts on service before self:

"It is not the same as 'service,' a value also claimed by some civilian institutions and corporations. Our service requires sacrifice and commitment to our nation.

We understand we make decisions in an environment where freedoms are on the line, and lives are at stake. Service before self begins with duty, but it means more: It means that, in our Air Force, as we fly and fight in war and peace, going above-and-beyond-the-call-of-duty is not the exception--it is the rule."

It is the rule because every Airman is an expeditionary Airman, whom the joint team counts on every day to be trained and battle ready. Delivering sovereign options for the defense of the United States of America and its global interests requires self-sacrifice.

As I visit and work with Airmen around the world, I could not be prouder of the many ways that you sacrifice for service before self, whether the mission is combat operations or humanitarian relief. The aftermath of Hurricane Katrina provides a great

"Everything we have done and everything we will do begins with an oath that changes our lives. We understand that the nation depends upon us to live up to that oath. We understand that, as we serve on the front lines of freedom, our promise to serve must come before all else."



example. Many of our critical search and rescue Airmen who had just returned from Operation Iraqi Freedom deployments immediately went to rescue Americans from rooftops in New Orleans instead of taking a well-earned leave.

Another example of such service before self is the remarkable number of Air Force reservists and Air National Guardsmen who volunteer for deployments. At great sacrifice to their families and often at the expense of their private businesses, they continue to volunteer to contribute to the fight. Their service allows our Air Force leaders to integrate them into units creating a truly seamless total force for the joint team.

Your service in the Air Force – with all the risks and sacrifices that service demands – is service to our nation, to its values, and to its dreams. The participation in "wingman" programs to enhance relationships and security to fellow Airmen is yet a further example.

Everything we have done and everything we will do begins with an oath that changes our lives. We understand that the nation depends upon us to live up to that oath. We understand that, as we serve on the front lines of freedom, our promise to serve must come before all else.

On behalf of the Air Force, and on behalf of a grateful nation, I thank you for your dedication, your devotion, and your service before self. I salute you all.

Retirement announcements should be submitted to the Wingspread office by noon Friday two weeks prior to the desired date of publication.
E-mail announcements to randolph.retiree.messages@randolph.af.mil or fax them to 652-5412.
For more information, call the Wingspread office at 652-5760.

WINGSPREAD

12th Flying Training Wing

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Editorial content is edited, prepared and provided by the Public Affairs Division of the 12th Flying Training Wing in accordance with local policy and style guidance. All photos, unless otherwise indicated, are U.S. Air Force photos.

Articles for the newspaper should be submitted by noon Thursday the week prior to the desired publication date. Items can be dropped off on a PC- or Macintosh-formatted disk at the Wingspread office in room 110 of Building 100.

Articles may also be sent by e-mail to wingspread@randolph.af.mil or by fax at 652-5412. For more information about submissions, call 652-5760.

New service dress prototypes pique interest

WASHINGTON (AFPN) – Based on feedback received during visits with Airmen across the Air Force, the Air Force Uniform Board is reviewing several concepts that Airmen have suggested regarding the appearance of the service dress uniform.

Some of the informal feedback about the current service dress includes Airmen wanting to revamp the service dress to look more military, like the other services. One senior airman said, “the current uniform resembles a cheesy business suit.” Another staff sergeant said, “think world’s most dominating air power, not CEO,” and another described it as a “cheap leisure suit.”

Other comments have suggested that the uniform needs to reflect the Air Force’s history more. On an Internet message board an Airman recently wrote, “I want to look good and be proud of my AF heritage.” Another Airman wrote that the dress uniform pales in comparison to any of the other services. “We need something that distinguishes us as proud members of the U.S. military.”

The Air Force began exploring these ideas by producing several prototypes that reflect a combination of ideas that have been gleaned from comments, suggestions and informal surveys conducted over the past several years.

A more formal survey soon will provide additional opportunities for Airmen to provide feedback and comments.



Senior Master Sgt. Dana Athnos and Brig. Gen. Robert Allardice model prototypes of the Billy Mitchell heritage coat in the Pentagon Monday. General Allardice is director of Airmen development and sustainment and Sergeant Athnos is a member of the Air Force uniform board. (Photo by Staff Sgt. C. Todd Lopez)

“We’ve been getting informal feedback on our current service dress uniform for several years, and what we consistently have heard from many Airmen is a desire for a more ‘military,’ and less ‘corporate’ look and feel, something more reflective of the Air Force’s heritage, and its role as a

professional military organization,” said Brig. Gen. Robert Allardice, director of Airman development and sustainment, deputy chief of staff for manpower and personnel.

“The Uniform Board has come up with options to explore these concepts and the initial prototypes are direct descendants of our heritage, rooted in Hap Arnold and Billy Mitchell’s Air Force,” General Allardice said.

The survey will provide a more formal opportunity to collect feedback on whether or not Airmen want a new service dress, and if so, what changes, likes, or dislikes they have about the prototypes.

“We believe we need to respond to the force and the constant flow of feedback we receive on the service dress is driving this initiative. We see this as an opportunity to do so, along with a chance to reflect on our rich history, as well as the image we wish to portray in uniform,” said General Allardice. “We want to make sure our uniforms, all combinations, meet our current and future needs.”

This process will use the standard Air Force Uniform Board process and as with the Airman’s Battle Uniform, Airmen are encouraged to take the opportunity to directly contribute to how their new service uniform might look.

The Air Force will present options based on feedback received on possible service dress designs through the uniform board process.

Retirees will soon be restricted from use

AETC cost-cutting initiatives impact dining facility

By Jennifer Valentin
Wingspread staff writer

Starting June 1, retirees will no longer be authorized to dine in the Randolph Airmen’s Dining Facility.

The change in policy is an Air Education and Training Command-wide initiative to lower budget costs.

“The decision is the result of a two-year effort to reduce contract costs in base operating support across the

command,” said Randy Harris, 12th Services Division combat support flight chief. “AETC can no longer afford to operate expensive food service contracts that serve large contingents of non-priority customers.”

Dining facilities are intended to serve junior enlisted members living in dormitories and temporary duty personnel not receiving the meal portion of per diem, Mr. Harris said.

“Restricting access to meal cardholders, TDY personnel, enlisted members and those personnel required for emergency feeding on an occasional basis can result in reduced serving hours and the number of serving lines required,” Mr. Harris said.


These savings will then be applied against existing contracts to lower the total costs, he said.

“We ask that the retiree population at Randolph and those who have

benefited from the availability of dining in the facility understand these types of cost saving measures are necessary,” Mr. Harris said.


“Supporting this change will make it an easier transition back to the primary intent of Air Force dining facilities.”

This new change in policy can be found in the AETC supplement to Air Force Instruction 34-239, Food Management Program.




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CROSS INTO THE BLUE



Elaine Limon

Unit: 12th Maintenance Directorate
Duty Title: Aircraft Maintenance Division Office Manager
Hometown: San Antonio
Hobbies: Soccer and Volleyball
Greatest Accomplishment: At this point in my life I would have to say my greatest accomplishment would be STILL being in college, I have a ways to go until I graduate with a bachelors in Electrical



Engineering, however I WILL get there.

Personal Inspiration: My mom would have to be my inspiration, she’s a great mother, wife, sister, and best friend. She’s been there to listen, motivate and care for all of her four children.

Personal Motto: “If you fail to plan today, plan to fail tomorrow!!”

Pet Peeve: One of my biggest pet peeves is the sound people make while chewing with their mouth open.

Leader’s Comments: Ms. Limon is a very reliable and efficient employee. She has an outstanding personality that has enabled her to work well with co-workers in her duty section. She volunteers for additional work assignments and spends her own time working on fundraisers for the Maintenance Directorate.

Frank Mirabelli
Aircraft Maintenance Division Chief

To submit a junior officer, enlisted member or civilian employee for the Showplace Showcase column, commanders can send an e-mail to Staff Sgt. Beth Del Vecchio at elizabeth.delvecchio@randolph.af.mil or call her at 652-5760 for details.



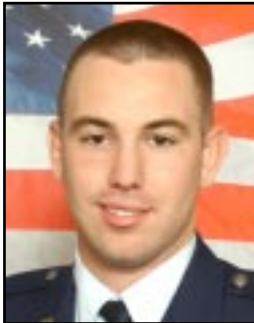
Ensign John Allen
E-6
Tinker AFB, Okla.



2nd Lt. Jarrod Beers
C-130
Little Rock AFB, Ark.



Capt. Eric Blair
B-52
Barksdale AFB, La.



2nd Lt. Adam Boyd
C-130
Little Rock AFB, Ark.



2nd Lt. Luther Brown
RC-135
Offutt AFB, Neb.



2nd Lt. Samantha Dankert
RC-135
Offutt AFB, Neb.



Ensign Chad Deitz
P-3
NAS Jacksonville, Fla.



2nd Lt. Ryan Donohoe
C-130
Ramstein AB, Germany



2nd Lt. Robert Eroh
B-52
Barksdale AFB, La.



2nd Lt. Ryan Finlayson
C-130
Dyess AFB, Texas



1st Lt. Walter Goss
E-3
Tinker AFB, Okla.



Ensign Richard Grant III
P-3
NAS Jacksonville, Fla.



Ensign Tiffani Hall
P-3
NAS Jacksonville, Fla.



2nd Lt. Graham Hauptman
C-130
Dyess AFB, Texas



2nd Lt. Jared Hutter
E-8
Robins AFB, Ga.



2nd Lt. Christopher Izell
C-130
Little Rock AFB, Ark.



1st Lt. John Jewell
RC-135 (EWO)
Offutt AFB, Neb.



2nd Lt. Wayne Johnson
B-52 (EWO)
Barksdale AFB, La.



2nd Lt. Joshua Kerr
RC-135
Offutt AFB, Neb.



2nd Lt. Michael Lepkowski
RC-135
Offutt AFB, Neb.



1st Lt. Kari Leuschner
B-52
Barksdale AFB, La.



2nd Lt. James Mathis
RC-135 (EWO)
Offutt AFB, Neb.



2nd Lt. Adam Peryea
B-52
Barksdale AFB, La.



1st Lt. Justin Porter
C-130
Yokota, Japan



1st Lt. Danny Riley
C-130
Yokota, Japan



Ensign Alec Therre
P-3
NAS Jacksonville, Fla.



2nd Lt. Daniel Thomas
RC-135 (EWO)
Offutt AFB, Neb.



2nd Lt. Barry Tucker
EC-130H (EWO)
Davis-Monthan AFB, Ariz.



2nd Lt. Patrick Villa
B-52 (EWO)
Barksdale AFB, La.

NEWS BRIEFS



Jesse Lind



Kari Woodland

RHS Valedictorian and salutatorian

Jesse Lind has been named valedictorian of Randolph High School's Class of 2006. Kari Woodland is this year's salutatorian. Jesse will attend the U.S. Air Force Academy and plans to major in electrical engineering. Kari plans to attend Texas A&M University's Business School, specializing in accounting.

Randolph Airman selected for OTS

Staff Sgt. Christine Collins of the 12th Operations Support Squadron weather flight was recently selected for Officer Training School. Sergeant Collins earned her degree in occupational education at Wayland Baptist University in June 2005. At this time she has not received her OTS reporting date.

Diamond Sharp award

The Randolph First Sergeants Council presented its Diamond Sharp award to Staff Sgt. Jennifer Campbell of the Air Force Personnel Center Air Force Casualty Assistance office May 8 for exceptional duty performance.

12th FTW PA office closed today

The 12th Flying Training Wing Public Affairs office closes at 11 a.m. today for an office function.

Housing office closure

The housing office will be closed from 9:30-11:30 a.m. today for an official function and all day Monday.

International Affairs career field

Officials will conduct a special briefing on the new International Affairs career field Thursday from 1-3 p.m. in the Air Education and Training Command Logistics briefing room in Building 581. The briefing is for all civilian and military members. For details, visit www.iaprograms.com.

Students place at UIL competitions

Randolph High School students won two awards at the State University Interscholastic League academic competitions held in Austin May 6. Adam Cribb took second place in chemistry and the current events team earned fourth place. Members of the team are Adam, Chad Thomas, Andrew Touhill and Cameron Young.

Enlisted Pilots luncheon

Randolph hosts a luncheon honoring Army Air Corps enlisted pilots June 13 in the enlisted club. Retired Brig. Gen. Ed Wengler and muscle car designer Carroll Shelby will attend the event. The luncheon is open to the public but seating is limited. Tickets for the luncheon are \$10 for club members, \$12 for non-members. Points of contact for purchasing tickets are: AETC, Master Sgt. Amy Rancier, 652-9182; AFPC, Master Sgt. Christine Rizzo, 565-3614; AFRS, Master Sgt. Maria Abrego, 565-0609; 12th FTW, Master Sgt. Shirley Jones, 652-4376; 19th AF and other units, Master Sgt. Jay Ekis, 652-7338.

CSOs graduate today

Twenty-four Air Force and five Navy officers receive their navigator and naval flight officer wings during a Combat Systems Officer class graduation today. The ceremony takes place at 10 a.m. in the officers' club. Col. Richard Clark, 12th Flying Training Wing commander, will present the graduates with their service's silver or gold wings and four awards for student achievement.

The graduation speaker for the event is Col. Raymond Rottman, 375th Airlift Wing commander, Scott Air Force Base, Ill. Col. Rottman was commissioned through Officer Training School in 1982. His career includes a variety of operational and staff positions. He served as the executive officer to the vice commander of United States Air Forces in Europe and as speechwriter for the Air Force chief of staff.

Meals for moms

Tech. Sgt. Stephen Nichols gets meals together on Mother's Day, May 14, as part of the Meals on Wheels Program, sponsored by the Air Force Sergeants Association. The team of volunteers delivered 2,500 meals to homebound senior citizens. Volunteers also directed traffic and provided assistance in preparing the meals for delivery. (Courtesy photo)



Air Force mandates virtual out-processing

All Airmen undergoing permanent change of station moves, retirements or separations are now required to use the virtual Out-Processing application available through the virtual Military Personnel Flight.

Airmen can enter the vMPF by logging onto the Air Force Personnel Center's secure Web site at <https://www.afpc.randolph.af.mil/afpcsecure> and view their vOP checklist from the individual actions menu.

The vOP checklist includes requirements based on the Airman's unit and other associated base agencies, such as the transportation management office, finance, medical clinic and Tricare. The checklist will also include the timeframe required for clearing actions at each location.

The online process eliminates paper checklists and most in-person out-processing requirements.

For more information, contact the military personnel flight at 652-3317.

DoD announces increase in foreign language pay

WASHINGTON (AFPN) – The Department of Defense announced May 10 an increase effective June 1 in Foreign Language Proficiency Pay, or FLPP, for servicemembers who qualify.

The fiscal 2005 National Defense Authorization Act authorizes the secretary of defense to increase FLPP pay from a maximum of \$300 per month to a maximum of \$1,000 per month for qualified active-duty members and offer a \$6,000 per year bonus for qualified Guard and Reserve members.

Enhancing the department's FLPP program is a critical facet of the overall defense language transformation initiative. The program aims to:

- Encourage people with a language capability to identify themselves in order to employ the language skills existing in the force.
- Encourage people to increase their language proficiency to create a cadre of language professionals operating at an advanced level of proficiency.
- Encourage more people to study a language.

The Defense Language Program must stimulate the acquisition of language skills and be able to maintain language skills of strategic importance to the department.

- Increase the capability in languages of strategic need to the department.

The enhanced program will emphasize languages needed to support the war on terrorism, the recommendations of the Quadrennial Defense Review and those of strategic importance to DoD.

Click it or Ticket: Seat belt safety campaign kicks off at Randolph, surrounding communities

By Jennifer Valentin
Wingspread staff writer

A car collision happens in one-tenth of a second. During that time, a seat belt can be the difference between life and death.

Starting Monday, the 12th Security Forces Squadron, along with the Texas Department of Public Safety, begins its annual "Click It or Ticket" campaign, reminding motorists to buckle up.

The campaign runs through June 4.

Since the campaign began in 2002, safety officials estimate about 500 lives have been saved and more than 11,500 injuries have been prevented.

Staff Sgt. Angela Schlosser, 12th SFS NCO in charge of police services, said that for fiscal year 2006, four child restraint violations and four seat belt violations occurred on base.

"Motorists need to make sure they are buckled in properly when they are in a moving vehicle," Sergeant Schlosser said. "Even for just a short drive."

During the "Click It or Ticket" campaign, base and local law enforcement will patrol for people not buckled in their vehicles properly. Motorists caught driving without their seat belt on base may be ticketed and receive points against their on-base driving privileges. Texas Department of Public Safety officials

"We urge everyone, whether driving on or off base, to use their seat belts and child seats properly. We want to make sure Team Randolph members and their families remain safe."

Staff Sgt. Angela Schlosser
12th Security Forces Squadron
NCO in charge of police services

may issue fines ranging from \$50-200 to motorists failing to use a seat belt or secure a child in a car seat.

A lot happens during the one-tenth of a second when a collision happens, said National Safety Belt Coalition officials. First, the car buckles and bends as it hits something, coming to an abrupt stop. The crushing of the front end of the car absorbs some of the force of the crash and cushions the rest of the car. However, the passenger compartment comes to a gradual stop unlike the front of the car.

The next collision occurs as the occupants' bodies hit some part of the vehicle, said NSBS officials. At the moment of impact, unbelted occupants are still

traveling at the vehicle's original speed. Just after the vehicle comes to a complete stop, the unbelted occupants slam into the steering wheel, windshield or another part of the vehicle's interior, said NSBC officials.

The car's occupants can also impact against one another. Many serious injuries can occur when this happens. If the passengers in the rear seats are unbelted, they move toward the point of impact and can collide with the people in the front seats, said NSBC officials.

After the occupant's body stops moving, the internal organs are still moving forward. The organs can hit other organs or hit the skeletal system, which can cause serious or fatal injuries.

According to NSBC officials, properly fastened safety belts distribute the forces of rapid deceleration over larger and stronger parts of the body, such as the chest, hips and shoulders. The seat belt stretches slightly to slow down the body and to increase the stopping distance.

"We urge everyone, whether driving on or off base, to use their seat belts and child seats properly," Sergeant Schlosser said. "We want to make sure Team Randolph members and their families remain safe."

For more information on the "Click It or Ticket" campaign, call 652-5968.

Make a splash

Center, south pool open with season kick-off party May 27

By Jennifer Valentin
Wingspread staff writer

Base families can make a splash during the center pool’s grand opening party May 27 starting at 1 p.m. behind the officers’ club.

During the event, guests can enter the “build a boat competition,” swim and enjoy music and entertainment.

“We invite everyone to come out to the party to help us kick off the swimming season,” said Denny Taylor, outdoor recreation manager. “With the sun out and the temperatures rising, what better way to cool off than to visit our pools.”

The highlight of this year’s party is the boat-building competition, said Shelta Reese, 12th Services Division marketing director. During the competition teams of squadron members, family and friends have two hours to build a boat using only cardboard and tape. They then have to test it in the pool.

“This event has proven to be a lot of fun in the past years, not only for those who enter but for those who watch the competition,” said Ms. Reese.

Prizes are awarded to the most creative boat, the boat that travels the farthest and the most spirited boat crew.

To sign up for the boat competition, call 652-6508.

Those interested in using the base pools this season can buy season pool passes at the information, tickets and travel office. The cost is \$25 per person for an individual pass or \$65 per family of three. Each additional child’s pass is \$10. Family season passes are limited to immediate family members. The daily admission is \$2 per person. The south pool, which also opens Memorial Day weekend, is located near the new fitness center on H Street.

Pool parties and swimming lessons are offered at the base’s south pool. Swimming lesson sign-ups start Tuesday at 9 a.m. at the ITT office with lessons starting June 3. Parties can be held Saturdays from 1-3 p.m., 4-6 p.m. or 7-9 p.m. starting in June.

For more information about swim lessons or parties, call 652-5640.



Families enjoy the warm weather at the center pool on base last year. (Courtesy photo)

Operation FLAGS kicks off June 9

Family support center hosts event to familiarize families with deployment process

By Staff Sgt. Beth Del Vecchio
Wingspread staff writer

The family support center hosts Operation Families Learning About Global Support June 9 from 1-5:30 p.m.

Operation FLAGS is a chance for families to experience the mobility process their military family members go through prior to deployment.

“This is our fourth time to host Operation FLAGS,” said Master Sgt. Todd Remington, installation personnel and family readiness manager. “This one is going to be our biggest and best one yet.”

During Operation FLAGS, which is expected to include about 300 family members, participants are organized into three chalks or groups, each rotating through a different aspect of deployment.

The first group will process through a modified deployment line complete with representatives from mobility, chapel, military equal opportunity, medical group, family support center and military intelligence, while the second group views static displays on the flightline of the T-6, T-37 and T-38. The last station is at the family support center, where participants see a weapons display and undergo an obstacle course and scavenger hunt.

Each child participant is issued a “war bag,” Operation FLAGS dog tags and ID card to keep as a souvenir. They will also receive a mock mobility folder to take with them to the processing line, adding to the reality of the experience.

Col. Richard Clark, 12th Flying Training Wing commander, will kick off the event and welcome the families, followed by a 12th Security Forces Squadron Military Working Dog demonstration.

Sergeant Remington said families should try to arrive no later than 12:30 p.m. to make sure they get their ID cards.

“If we can help these families understand some of what goes on when their loved one is preparing for a

deployment, maybe we can eliminate some stress they may feel,” said Sergeant Remington. “If we can eliminate some stress from the families at home, then hopefully it will spread to their family member downrange.”

The event is open to all military members and their families.

“Some people think they have to have a family member deployed to come out, but that’s not the case,” said Sergeant Remington. “We encourage everyone to come out, even if they don’t have a family member on mobility status.”

Deployments have become a way of life for members of the Air Force and this program is intended to educate as many people as possible, said Sergeant Remington.

After all of the families have visited the different stations, the entire group will meet at the family support center for free food and drinks.

Families are encouraged to sign up at the family support center for this free event before June 1.

A special prize will be given to children who sign up before June 1, said Sergeant Remington.



Darnell Edmonds (left to right), McKenzie Mitchell, Justice Barnett and Mariah Cathro enjoy time on the slide together. (Photos by Jennifer Valentin)



Vivika Sheppard and Ryan Nelson make a colored-paper butterfly.



Facility offers wide array of activities, keeps youth involved, busy

By Jennifer Valentin
Wingspread staff writer

The youth center provides everything for the young ones on base from sports and lessons to games and clubs to keep them happy and coming back for more. With about 1,300 children registered, the staff at the Randolph Youth Center always makes sure to keep them busy, whether it's with new activities or clubs that have been around for years.

"The youth center is a great place because we offer activities for every age group, regardless of their interests," said Rodney Tramble, youth center director. "The center has a variety of clubs, recreation activities, sports and community involvement opportunities."

The Randolph Youth Center clubs include Teen Supreme, SmartGirls, Torch Club, 4-H Club, School Age Program (before-and-after school program), Youth Employment Skills program, SWOOSH Boys and Girls Club programs, Keystone Boys and Girls Club program, Congressional Award program, Career Explorer's Club, job search club, Nike Participating in the Life of Americans Youth program, the teen volunteer program, and the Teaching Responsible Adolescents In Leadership (TRAIL) program.

A new program, a summer camp for 13-year-olds, was recently added to the youth center's list. The camp, offered for half a day Monday through Friday during the summer, exposes the teens to leadership and career opportunities and community service activities, Mr. Tramble said.

The teens can sign up for one week to all of the 11 weeks the program is offered. Space is limited for this program, and if interested, teens can call the center to sign up.

The youth center's sports programs include football, basketball, baseball, bowling, softball and volleyball. Basketball is offered from January to March, football is offered from September to December, baseball and softball are offered from April to June, bowling is offered from September to March, volleyball is offered from September to October, and instructional volleyball is offered from July to August.

The center also offers classes that teach cheerleading, gymnastics, karate,

drum, dance, cooking, guitar and piano. The cheerleading classes are offered from September to December.

"Our members have a wide variety of activities to choose from," Mr. Tramble said. "We have a great selection of classes, clubs and sports to suit everyone's individual tastes."

The youth center houses a state-of-the-art gymnastics room, a dance and karate room, an indoor basketball and volleyball court, an outside sports court, separate teen and pre-teen rooms, a computer resource room and a playground structure that holds 300 kids.

Some of the events the youth center hosts annually for the base include Fam-A-Ganza, Halloween Hi-jinx, an Easter Egg Hunt, National Kid's Day, National Let's Just Play Day, Family Teen and Talent Contest, Jump Rope For Heart, Mother and Daughter Tea, America's Kids Run and an annual open house.

Family members ages 9-18 of active duty members, retired military members or Department of Defense civilian personnel can join the youth center.

Youth center member Terry Vallery said he enjoys spending time at the center. "It's a fun place to come after school," he said. "I always look forward to it."

During summer, the hours of the center are as follows: Pre-teens - Monday through Thursday from 7 a.m. to 9 p.m., Friday from 7 a.m. to 10 p.m., and Saturday from noon to 5 p.m. Teens - Monday through Thursday from 1-5:45 p.m. and 7-10 p.m., Friday from 1-5:45 p.m., and Saturday from noon to 5 p.m. and 7-10 p.m.

During the school year, following the Randolph Field Independent School District's schedule, the hours are as follows: Pre-teens - Monday through Thursday from 4:30-7 p.m., Friday from 4:30-10 p.m., and Saturday from 11 a.m. to 5 p.m. Teens - Monday through Thursday from 4-8 p.m., Friday from 4-5:45 p.m., and Saturday from 11 a.m. to 5 p.m. and 7-10 p.m. Preteens are ages 9-12 while teens are ages 13-18.

The youth center facility is located in Building 585 on F Street East. For more information, call 652-3298.



Noah Fischer (left), watches as Darius McDonald goes for the rebound during a basketball game at the youth center.



Visitors at Canyon Lake enjoy the view Saturday during Spring Fling. (Photo by Jennifer Valentin)

Randolph community enjoys Spring Fling at Canyon Lake

Canyon Lake Recreational Park hosted its annual Spring Fling event Saturday where more than 100 military families got a glimpse of what the park has to offer for summer fun



Stephanie Bowman puts a life jacket on her daughter Sydney, getting her ready for a swim. (Photo by Jennifer Valentin)



Trevor Bailey makes a fish print using paint and colored paper. (Photo by Jennifer Valentin)



Senior Airman Shaun Johnson, a Spring Fling volunteer from the 12th Medical Group, helps Nicholas Schwendeman practice for the casting contest. During the contest, children had to cast a lure into floating circle targets. (Photo by Staff Sgt. Beth Del Vecchio)



CELEBRATING
ASIAN-PACIFIC
AMERICAN
HERITAGE
MONTH
2006

- Asian-Pacific Americans represent almost five percent of the United States population
 - Over the past 10 years, the number of Asian-Pacific Americans in the Department of Defense has grown from 6.7 million to 9.5 million
 - The number of Asian-Pacific American women on active duty has gone up from 5,200 in 1995 to more than 10,000 currently
 - The number of Asian-Pacific Americans on active duty has grown by about 47 percent over the last 10 years
 - In December 2005, Asian-Pacific Americans were 5.9 percent of the Department of Defense federal civilian workforce across all pay scales
- (Air Force Print News)



Tech. Sgt. Myrla Kiluk
Air Force Personnel Center
NCO in charge, readiness systems analyst

Sergeant Kiluk moved to America with her family from the Philippines when she was 9 years old. She practices her culture within her family as her parents did.

“I keep my culture alive in my own family. It’s my way to remember where I came from. I make traditional foods for my family and I teach my son how to cook using the flavors of my birth country.” (Photo by Jennifer Valentin)

Lieutenants speak up about commissioning programs

By Bob Hieronymus
Wingspread staff writer

Butter Bars! They may be the Rodney Dangerfields of the service in that they feel “they get no respect,” but most officers start out as a second lieutenant.

According to official Air Force statistics, two thirds of its officers come from two sources, the ROTC or Officer Training School.

Four relatively new lieutenants had a great deal to say recently about their experiences and how they prepared them for their Air Force careers.

Growing up in a family with two generations of military experience, 2nd Lt. Rebecca Peters had early encouragement to consider a career in the armed forces.

“When I learned the ROTC scholarship program would pay for much of my college, I was ready to make the commitment,” she said.

“My real introduction to the Air Force way of thinking and doing things came when I was promoted to cadet wing commander in my senior year,” said Lt. Peters. “That’s when I had to really get serious about being a leader and it’s what helped me the most in my active duty work.”

“Holding up under the pressure of meeting both academic and ROTC schedules also taught me how to manage the priorities I deal with today.”



2nd Lt. Rebecca Peters

“Holding up under the pressure of meeting both academic and ROTC schedules also taught me how to manage the priorities I deal with today,” she said.

Lieutenant Peters attended the University of Pittsburgh and majored in psychology. She is now assigned as an occupational analyst at the Air Force Occupational Measurement Squadron. She said she spends about 30 to 40 percent of her time on the

road, visiting units around the country studying how Airmen in the field carry out their jobs.

“This work exposes me to all kinds of technical specialties that I otherwise wouldn’t get to know. My ROTC experience went a long way to prepare me for the variety of tasks I’m now studying at units around the Air Force. It really helps me appreciate the pressure Airmen often have in their jobs.”

Second Lt. Gary Daugherty was commissioned through the ROTC program at the University of California Berkeley where he also attained the rank of cadet colonel. He said his three and a half years in the program were good, probably because the detachment was small, about 55 cadets.

“It allowed a personal approach that cadets in a larger unit may have missed,” he said. “The NCOs assigned to our detachment really helped us understand how the real Air Force works and the commander’s open door policy gave us easy access to help and advice whenever we needed it.”

Lieutenant Daughtery is now in casual status waiting to report for pilot training at Laughlin AFB, Texas. On Randolph he works as an assistant to the 12th Operations Support Squadron commander. The best part of this job, he said, is getting to work on so many different kinds of projects around the base because the squadron’s people have such a diverse set of occupational skills and responsibilities.

“I feel comfortable now working one-on-one with people of all ranks,” Lieutenant Daughtery said. “That’s something ROTC helped me learn.”

Second Lts. Drew Saylor and Ben Werner recently graduated from the Combat Systems Officer course and will soon start specialized navigator training.

Lieutenant Saylor graduated from Virginia Technical University with a degree in aeronautical engineering. He was enrolled all four years in ROTC. The Corps there is different from ROTC units at most universities in that it involves a full-time commitment to the military style of training, not unlike that of the military academies, he said.

“We had a level of discipline from day one that’s missing from most ROTC units,” he said. “As a result, we learned a level of commitment to the mission that will stay with us throughout our careers. We developed a disciplined mind set before we came on active duty. That’s especially important for being part of the team on the flight deck of a combat aircraft.”

“The NCOs assigned to our detachment really helped us understand how the real Air Force works ...”



2nd Lt. Gary Daugherty

Lieutenant Werner was commissioned through OTS after completing his college degree in professional aeronautics through off duty education with Embry-Riddle Aeronautical University. He was a KC-10 crew chief for four and a half years before going to OTS.

The lieutenant said OTS did help him make the transition to a commissioned officer’s style of leadership.

“The relationship of a commissioned officer to enlisted people is one of giving direction and authority to get the job done, but without relaxing the responsibility for the end product,” Lieutenant Werner said. “As an NCO I was still involved in the work process. Now I have to be willing to let the Airmen do the work they are qualified to do without doing it for them. OTS reinforced that idea, especially for the upper class trainees.”

Both Lieutenants Saylor and Werner agreed that all officers should go through a stress environment similar to enlisted basic training before commissioning in order to better prepare them for the challenges of leadership. They don’t feel an environment of peer or near-peer leadership relationships in the pre-commissioning programs sufficiently equip most new officers for the real military environment.

Lieutenant Saylor described it as too often being a permissive environment.

“It is too easy for senior-level trainees or cadets to feel they have to ask, request or cajole junior-level trainees to pull duties and then make allowances for their friends. They are all about the same age and taking the same courses together. That just doesn’t work in the real Air Force,” he said.

Making history

Ro-Hawk girls track team wins state championship

By Jennifer Valentin
Wingspread staff writer

The Randolph High School girls' track team captured gold at the Texas State High School Track and Field meet May 12, capturing a first-ever state championship title for Randolph High School.

The Ro-Hawk's 1600-meter relay team of Tamoya Morrison, Jenada Morrison, Jenovia Morrison and Jayla McArthur won a first place gold medal, and the 800-meter relay team of Mariah Harris, Jenada, Tamoya, and Jayla won a second place silver medal.

The relay performances, along with individual performances, won Randolph 45 total points, overcoming San Augustine and Tuscola Jim Ned High Schools, who each had 40 points in the Class 2A competition.

"I told the girls they could do it, but I don't know if they believed me," said Misty Kinsey, track team head coach.

Jayla won a second place silver medal in the 200-meter dash, while Leah Solomon finished in sixth

place in the 100-meter hurdles. Jenovia competed in the 400-meter dash and on the 400-meter relay team with Jasmine Kent, Mariah, Jenovia, and Leah who together ran a team best time at 50.32.

"The girls did a fabulous job in competition against the best in the state," Coach Kinsey said. "They have worked so hard throughout this track season and have represented our school at the highest level. They've made us proud."

After the team's win was announced, the members found it hard to contain themselves as they ran around the area full of excitement.

"I was running in circles because I was so excited," Jenovia said. "They had to tell me to calm down."

The boys' track team also competed at the state-level competition, winning its share of awards as well.

The boys' team captured a 12th place finish in Class 2A. Zach Collins finished fifth in the 100-meter race. Sean Applewhite placed fifth in the 400-meter race. The 1600-meter relay team of Sean, Randy Mitchell, Nick Carraway and Jake Owen came in fourth place.



Misty Kinsey (top left), track team head coach, and Alice Voigt (top right), assistant track team coach, stand with the girls' track team members who won the state championship May 12 at the Texas State High School Track and Field meet. (Photo by Jennifer Valentin)

Randolph team competes in Adventure Race

By Senior Airman Austin May
47th Flying Training Wing public affairs

LAUGHLIN AIR FORCE BASE, Texas – While the morning sun swiftly ascended the West Texas sky Saturday, 360 Airmen, Soldiers, civilians and spouses psyched themselves up for what would surely be a grueling, intense endeavor as the start of the second-annual Laughlin Air Force Base Adventure Race drew near.

The race would take 49 teams from two branches of service and six Texas and New Mexico Air Force bases on a trip not intended for the faint of heart. Only those who truly embodied the "fit-to-fight" mindset would come out on top after about 25 miles of biking, seven miles of running and two miles of rafting.

A team from the 87th Flying Training Squadron, the "Red Bulls," took the win for the second year in a row with a total time of 3 hours, 11 minutes and 59 seconds. Trailing less than three minutes behind was "Team Randolph," made up of Doug Hamlin, John McElroy, Ralph Humphrey and John Devine. They finished with a time of 3:14:25.

The Randolph Team finished first in the Xtreme Team category. This category was new this year and is an option for participants to form an Xtreme Team, consisting of only four people, with no substitution anywhere in the entire race.

Hamlin said an unfortunate bike wreck cost them some time, but forced them to focus on the fact that they all had to finish together.

"John McElroy wrecked his bike about 13 miles into the biking portion and hit the pavement like a rock at 20 mph," said Hamlin. "He lost his ability to shift one set of gears and banged himself up pretty good, but he still pressed on for the rest of the race."

Although the team had a small hold up in the beginning, they stuck together and finished strong. Hamlin credits teamwork for their great finish time.

"For those more fit individuals, it was a way for them to really push themselves and see how fast they could do it," said Bill Goins, exercise physiologist and race director. "But for most, it was a way to challenge themselves with something they may never have done otherwise."

The Adventure Race tradition began in June 2004 when an instructor pilot at Laughlin organized a race



Three teams begin the last portion of the Adventure Race, a quarter-mile raft hoist and carry to the finish line at Laughlin Air Force Base, Texas. (U.S. Air Force photo)

that pitted 96 participants, divided into 12 teams, against each other. The race was well received, and the following year, it was opened to all of Laughlin Air Force Base.

This year, race organizers expected hundreds of participants Mr. Goins said.

"We invited all the Texas and nearby states' bases and community organizations we could think of," he said.

Bases that accepted the invite to Laughlin included Randolph, Lackland, Dyess, Cannon and Goodfellow.

At designated checkpoints throughout the race course, members could swap out with other team members, allowing everyone on the team to pull their weight, as well as take needed breaks along the way. All four team members actively running the race had to stay within 50 feet of each other.

The first leg of the course consisted of an approximately 25-mile on- and off-road mountain-bike leg that took racers from the middle of Laughlin, through Del Rio and along Highway 90 West, and then to the Air Force's Southwinds Marina at Lake Amistad National Recreation Area, which includes more than 64,000 surface acres of water.

From the marina, cyclists dismounted their bikes

and began an approximately 7-mile run that would take them right up to the U.S.-Mexico border and international bridge on Lake Amistad. Added this year was a point where four team members would carry a litter of sandbags up an access road at Amistad Dam and down again halfway through the run—roughly a quarter mile.

Once they finished the litter carry, race participants ran back to Governor's Landing recreation site on Lake Amistad where they boarded inflatable rafts and set out on the lake for a two-mile rowing trek that would take them within a mile of the finish line.

Once reaching land, rafters then had to hoist and run with their raft and oars in-hand to the finish where drinks, barbeque, music and a crowd of cheering spectators waited to greet them.

Hamlin said Team Randolph didn't really prepare much as a team, which made their win in the Xtreme Team category even more impressive.

"We only trained together three times," said Hamlin. "We would ride the approximate distance and run the approximate distance used in the race, but we never trained for the rafting."

Laughlin intends to host the Adventure Race again in 2007.



Intramural Volleyball Standings

as of Wednesday

TEAM	RECORD
AETC/A2	10-0
12 CS/NAV	8-2
12 MSS	6-5
12 OSS	5-5
AFPC	5-5
AETC SAS	2-7
AETC/SG	3-7
12 MDG	0-8



Intramural Bowling Standings

as of May 8

Team	W	L
AFPC	156	92
AETC/LG	144	104
RATS	143	105
AETC/CSS	142	106
AMO	140	108
AFSVA	138	110
SVS	136	112
OSS	134	114
JPPSO	132	116
AFPOA	132	116
CS	130	118
AFMA	127	121
SFS	125	123
AETC/FM	122	126
DFAS	120	128
AFPC/DFSG	106	142
AFSAT	105	143
CPTS	90	158
MED GP	80	168
340 FTG	70	178

TEAM SCRATCH SERIES

Team	Score
AFPC	3080
AFPC/DFSG	2960
SVS	2849

TEAM HANDICAP SERIES

AFPC/DFSG	3350
CPTS	3285
AFPC	3227

TEAM SCRATCH GAME

Team	Score
AFPC	1064
AFPC/DFSG	1040
CS	996

TEAM HANDICAP GAME

Team	Score
AFPC/DFSG	1170
CPTS	1151
CS	1135

SCRATCH SERIES

Men	Score
Kirk Mason	666
Chris Goelz	659
Kevin West	653
Women	Score
Norma Jarvinen	635
Heather Hellmann	555
Lori Trainor	535

HANDICAP SERIES

Men	Score
Jim Miller	780
Mitch Mitchell	707
Steve Hicks	697
Women	Score
Sheila Lawrence	686
Jo Ann Rowan	659
Lupe Hernandez	655

CS/NAV sweeps MDG 25-8, 25-12

By Staff Sgt. Lindsey Maurice
Wingspread editor

The 12th Communications Squadron/ Navigators swept the 12th Medical Group in intramural volleyball action 25-8, 25-12 Tuesday at the fitness center.

Leading all players in game points for the match were the CS/NAV's Steve Lanzola, Dana Gunter and Megan Kessen scoring a combined 28.

"Our game plan is just to get people in the right positions where they feel comfortable and can make the plays," said CS/NAV coach Rob Reed. "We played as a team and earned the win."

Lanzola set the pace early in game one, responding to a game-opening ace by 12th MDG's Amber Thorpeand with three consecutive spikes into an open MDG court.

After MDG's Benjamin Taylor got his team back in the game with two points, CS/NAV went on a 12-1 run behind kills by

Lanzola, Gunter and Rob Reed.

CS/NAV gave up three points late in the game on bad serves, but the rout was on and they took a 25-8 victory.

Kessen served to build an early eight-point lead to kick off game two with the help of Reed and Kimberly Vlk who tapped over two of their own.

After a quick timeout, Kessen put too much force behind her next serve, pounding it out of bounds for MDG's only

point in the first 10 minutes of play. CS/Navigators then went on a seven-point run including three aces by Daniel Beasley before the MDG racked up five points of their own including an ace by Ulysses Alvarado and two Taylor kills.

The two teams traded several points on serves late in the game, but the CS/NAV frontline of Lanzola and Dave Decoursey nailed in a few spikes in the end to clinch their second game win, 25-12.



Ulysses Alvarado, 12th Medical Group, serves the ball during an intramural volleyball match against the 12th Communications Squadron/Navigators Tuesday. The 12th CS/NAV won 25-8, 25-12.



Rob Reed, 12th Communications Squadron/Navigators sets the ball for teammate Dana Gunter during their match against the 12th Medical Group in intramural volleyball action Tuesday night at the fitness center. (Photos by Javier Garcia)

SPORTS BRIEFS

Swimming lessons

Parents can register their children ages six weeks and older for swimming lessons starting Tuesday at 9 a.m. at the information, tickets and travel office, Building 897 The first session of classes begins June 3 in the south pool. The cost is \$25 per session for season pass holders and \$50 per session for all others. Classes are held Monday through Thursday from 8-11 a.m. and 5-8 p.m. for two weeks or Saturday from 8-11 a.m. for eight weeks. For more information, call 652-6508.

Free Missions baseball tickets

Free ticket vouchers for the San Antonio Missions baseball game May 31 at 7:05 p.m. are available for pick-up at the information, tickets and travel office, Building 897. For more information, call 652-5640.

Link up to Golf

The Randolph Oaks Golf Course is offering Link Up to Golf, a PGA Program, for beginning adult golfers. Charles Bishop, PGA teaching professional, conducts the program. For details call, Charles Bishop at 652-4653 or 244-3415.

Military golf tournament

The 14th Annual Military Golf Tournament takes place May 27-29 at the Randolph Oaks and Lackland Gateway Hills golf courses. The cost is \$115 for Air Force advanced fee payers or \$150 for non-advanced fee payers and includes the green fees, cart, refreshments and prizes. Entry forms are available at both golf courses. The entry deadline is May 20. For details, call 652-4653.

Passport to Fitness

The "Passport to Fitness" program begins June 1 at the fitness center. Participants accomplish tasks on a checklist such as trying out different fitness equipment or taking classes. After an item is complete, a passport stamp is issued. Once a card is full, a prize is awarded. The program ends June 30. For details, call 652-2955.

Water aerobics

The center pool offers free water aerobics classes beginning June 5 Monday and Wednesday from 10-11 a.m. For more information, call 652-5316.

Mini biathlon

The fitness center hosts a mini biathlon June 17 at 8 a.m. at Eberle Park. The event consists of a 5-kilometer run and a 10-mile bike ride. The first 50 competitors to register receive a water bottle. To register, call Refia Grant or Rikk Prado at 652-2955.

Fitness classes

The fitness center offers a variety of fitness classes throughout the week including cycling, step aerobics, body toning, kickboxing, pilates and yoga. For details, call 652-2955.

USAF Marathon

The annual U.S. Air Force Marathon takes place Sept. 16 at Wright-Patterson Air Force Base, Ohio. This year's event includes a two-day sports and fitness exposition, gourmet pasta dinner, race day, awards ceremony and post race festival. World-renowned long distance runners Bill Rodgers and Alberto Salazar will conduct clinics and speak at the dinner. For details, e-mail Rachel Castle at rachel.castle@wpafb.af.mil.